

EMPLOYEE UPDATES:

MONDAY	TUESDAY	WEDNESDAY
MAY 8 2:30 - 3:00pm 3:30 - 4:00pm	MAY 9 6:15 - 6:45am 7:00 - 7:30am 8:00 - 8:30am 9:00 - 9:30am 12:30 - 1:00pm 6:15 - 6:45pm	MAY 10 8:00 - 8:30am 10:30 - 11:00am

Bring Your Phone – We will be collecting feedback via Mentimeter.

Have a question?
Ask before updates.

Join Updates Virtually via Teams

(Link will take you directly to update session - no need to register).

AFTER you have streamed a session you will need to visit www.mgmc.org/attendance to fill out an attendance sheet. This will allow for easier tracking regarding the number of employees that attend updates.

Gram Goes Live Next Week

This will be the last PDF edition of The Gram. Starting next week Gram content will be available on SharePoint. Be sure to check it regularly for updates!

Have questions about Gram Live? Join us for open office hours:

May 9 (Tues.)
7:00–7:30PM, Bessie Myers

Visit The Gram Live

Happy National

HOSPITAL WEEK & NURSES WEEK

WE'RE CELEBRATING **You!**

SAT
MAY 6

Root Beer Floats -
(7:30 pm) Traveling to
Nursing Floors

SUN
MAY 7

Donut Drop
(7 - 10 am) Cafeteria

MON
MAY 8

Reiki -
(7 - 10:30 am &
11 am - 2 pm) Accounting
Conference Room

Kona Ice Truck -
Hosted by Purdue Global
University | (12 - 1 pm)
West Parking Lot

TUE
MAY 9

T-shirt Tuesday -
Wear your Hospital Week
or Nurse's Week t-shirts

Ice Cream Treats -
(1:30 - 2 am & 5:30 - 7pm)
Cafeteria

**ISU Creamery Ice
Cream -** Hosted by Iowa
State Nursing Program
(11:30 am - 1:30 pm &
3 - 4 pm) Outside Cafeteria

Wellness Walk Bingo -
(2:45 - 3:15 pm) Meet @
West Staff Entrance

WED
MAY 10

Food Trucks -
(11am - 2 pm & 4 - 7 pm)
West Parking Lot |
Carlos Quesadillas,
Macubana (Lunch only),
Sweet Treats, Big Als BBQ,
Ally's Sandwiches & Wraps
(Lunch only)

Parking Lot Paw-ty -
(11am - 2 pm) West Parking
Lot | Therapy dogs

Chair Yoga -
(11:30 am - 12 pm) North AB

Yoga - mat optional
(3:30 - 4 pm) North AB

BLESSING OF THE HANDS

Friday, May 5
8:00 am - First Friday
(in-person or via Teams)

Sunday, May 7
12:00 pm - Inpatient Units & ED

Monday, May 8
7:30 am - ACS
8:00 am - GI Services
10:30 am - ACS

Tuesday, May 9
7:15 - ED
8:00 am - Cardiology Clinic
11:00 am - Nursing Orientation
(Skills Lab)
11:05 am - Inpatient Units & ED
11:30 pm - Inpatient Units & ED

Wednesday, May 10
7:30 am - Hospice House
3:30 pm - Hospice House

Thursday, May 11
6:35 am - OR
7:45 am - Wound Clinic
8:00 am - Pain Clinic
8:30 am - Home Health
9:15 am - Quality/Case Mgmt.
11:30 am - Radiology/Rad Onc
1:30 pm - HR
2:00 pm - PACU

Friday, May 12
11:00 am - Diabetes Ed &
Cardiac Rehab
11:30 am - Cath Lab

THU
MAY 11

Coffee Bar -
(6:30 - 10 am) Cafeteria

Yoga - mat optional
(7:30 - 8 am) North AB

Chair Yoga -
(12:30 - 1 pm) North AB

Wellness Walk Bingo -
(12 - 12:30 pm) Meet @
West Staff Entrance

Root Beer Floats -
(11:30 am) Traveling to
Nursing Floors

FRI
MAY 12

All Employee Breakfast
(6:15 - 9:30 am) Cafeteria

Wellness Walk Bingo -
(6:45 - 7:15 am) Meet @
West Staff Entrance

**Florence Nightingale's
Birthday Celebration |
Join us for Cake!**
(11:30 am - 1:30 pm)
Cafeteria

Check Gram LIVE for all the
most up-to-date details!

thankyou

These events are supported in part by the
Mary Greeley Foundation.



ALL WEEK

10% OFF @ THE GIFT SHOP
Must show your Employee Badge

COLLABORATIVE **ART** PROJECT

DAISY AWARD PRESENTATIONS

By learning the F.A.S.T. warning signs, you just might save a life from stroke.

F.A.S.T.

Face Drooping	Arm Weakness	Speech Difficulty	Time to Call 911
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Every 40 seconds, someone in the U.S. has a stroke.

It could happen on your street, in your workplace, at a store where you shop — anywhere. Your readiness to spot a stroke and call 911 as soon as possible can mean the difference between life and death and recovery or disability. That's why it's so important to learn stroke warning signs and urge everyone you know to do the same.



American Stroke Association
A division of the American Heart Association
Together to End Stroke®

stroke.org/warningsigns

May is AMERICAN STROKE MONTH

We're proud to follow the American Heart Association® and American Stroke Association® guidelines for stroke care.

Take a moment to review this information. Share with your friends and family to better respond to and prevent strokes.



American Heart Association.

8 key measures for improving and maintaining cardiovascular health

Better cardiovascular health helps lower the risk of stroke and other major health problems.



**Eat Better
Be More Active
Quit Tobacco
Get Healthy Sleep
Manage Weight
Control Cholesterol
Manage Blood Sugar
Manage Blood Pressure**

heart.org/lifes8



May is Better Speech & Hearing Month!

Throughout May, we recognize and celebrate all the speech-language pathologists (SLP) who are changing the lives of the patients at Mary Greeley. SLP work with individuals with a variety of diagnoses, including brain injury, stroke, Parkinson's disease, and cancers of the head and neck, to name a few and throughout all stages of life, from infant to elderly. SLP are crucial in the treatment of communication deficits, cognitive impairments, and difficulties with swallowing. Thank you to all our SLP at Mary Greeley!

NOW AVAILABLE on Shared Devices!

SHAREPOINT | YAMMER/VIVA ENGAGE



SHAREPOINT |

Gram Live is
available here!



MARY GREELEY MICS 50TH ANNIVERSARY

GOLF TOURNAMENT

--18 HOLE 4 PERSON BEST SHOT--

SATURDAY JUNE 10TH, 2023

0800 REGISTRATION, DRIVING
RANGE

0900 TEE OFF

VEENKER MEMORIAL GOLF COURSE

2916 Veenker Dr, Ames, IA

Cost Per Person:

\$60.00 Cash

or Venmo (on site)

Lunch provided

Please register individually

or as a team at

dunlap@mgmc.com

515-231-5080 for questions

INTERN Spotlight

Chloe Jaeger



Our team has enjoyed having Chloe this past semester as our Public Health intern. She brings **new ideas** to our department and keeps us **thinking outside the box**. Chloe has been able to complete a much-needed inventory project for us, as well as help implement a new Face Book Page for Public Health. Her **dedication** during this time was greatly appreciated. Thank you, Chloe!!



Chloe Jaeger
Public Health

-Les White



This program is supported by the
Mary Greeley Foundation.



How has this experience impacted or shaped your career goals?

This experience has made me learn more about healthcare overall which was one of my ultimate goals. It has also shown me how to use problem solving skills and how to work with a variety of different individuals.

Why did you choose MGMC?

MGMC is a hospital that puts a lot emphasis on caring for others. They don't just care about the patients needs, they also care a lot about their staff which is really important. You can tell that every person in MGMC wants to do better for the community, which has made me feel very blessed.

How have you expanded your professional network for future career opportunities?

I have expanded by going into another department within MGMC as an intern this summer within the quality management department. I also feel overall I have met a lot of individuals at MGMC that have expanded my professional networking skills. It also makes me more confident about my future with career opportunities, whether that be at MGMC, surrounding areas, or even in a different state.

Considering hosting an intern? Have a project?

Contact Emma Schuler to get started or with questions.

Upcoming Events

Visit the Calendar of Events

HURST On-Site NCLEX-RN Review

May 15– 17, 2023
8 AM – 4:30 PM

Contact Thyra Cox
at cox@mgmc.com
for further details.

MARY GREELEY MEDICAL CENTER BLOOD DRIVE

North B Conference Rooms
Tuesday, May 16th
11:30am - 3:00pm

To schedule your donation scan
the QR code or contact
Courtney Mitra at 515-239-6919



MENTAL HEALTH FIRST AID CERTIFICATION TRAINING

Diabetes Ed Rm 1
Thurs., May 11 & Fri., May 12
from 8:00am - 12:00pm

Supported by gifts to the Mary Greeley Foundation.

Register for this training in Symplr (NetLearning)

You must attend the entire session to become certified and awarded nursing contact hours.

Questions? Contact Jacque Hollingshead at ext. 5090 or via email at hollingsheadja@mgmc.com.



2023

Iowa Hospital Association

WEBINAR

Hospital Regulatory Webinar Series

10 am - Noon

(learners must attend in-person - no registration required)

Thursday, May 11 (North AB): **Common Hospital Deficiencies**

Hospitals and critical access hospitals face common challenges, including compliance with federal regulations and accreditations standards. This session will focus on the most problematic deficiencies and the expectations of compliance standards.

Wednesday, May 31 (Atrium A), June 7 (Diabetes Ed Rm 1) & June 14 (Atrium A): **Emergency Medical Treatment & Labor Act (EMTALA)**

Hospitals and critical access hospitals face common challenges, including compliance with federal regulations and accreditations standards. This session will focus on the most problematic deficiencies and the expectations of compliance standards.

Questions?

Contact Lori Baker at ext 6863.

CEs available.

This program is supported by gifts to the Mary Greeley Foundation.



Happy Anniversary!

Anniversaries have now moved to [Gram LIVE!](#)



VOLUNTEERS WANTED

Looking for volunteers with a medical background (Nurses, Nursing Students, PCTs, Paramedics or EMTs) due to the various medical conditions of these special athletes..

[Volunteer for Special Olympics](#)

Questions? Contact Connie Peters @ petersc@mgmc.com

What's for Lunch?

The weekly menu is available at www.mgmc.org/menu



SAFETY FIRST

Stay up-to-date with safety at Mary Greeley by reviewing the Weekly Safety Bulletin highlighting recent A3 findings.

[WEEKLY SAFETY BULLETIN](#)

To submit a story idea or thank you, or to provide feedback, please email mgmcgram@mgmc.com.